

Scheme of Work: Sept 2021 - July 2022

Subject: PSHE

Year group: 12

Week	Topic/Unit
Autumn term 1 – Relationships (Statutory RSHE unit)	
1.	Transition - VESPA - achieving highly at Sixth Form
2.	Mature relationships and boundaries
3.	Sexual abuse, consent and assault
Autumn term 2 – Health & wellbeing	
4.	Note-taking and revision
5.	Coping with stress and anxiety
6.	Personal health and wellbeing; body image
Spring term 1 – Living in the wider world	
7.	Diet and work-life balance
8.	Life goals and 'next steps'
9.	CV writing
10.	CV writing
Spring term 2 – Health & wellbeing	
11.	Addiction - drugs, gambling, alcohol
12.	Alcohol and smoking
13.	Exams week - mindfulness and stress
Summer term 1 – Relationships	
14.	Pregnancy, contraception and STIs (and how to deal with them)
15.	Unhealthy relationships, harassment and negative influences
16.	Diversity and inclusion
Summer term 2 – Living in the wider world	
17.	UCAS, University Applications and other pathways
18.	Personal Statements, UCAS Applications
19.	Finances - first steps
20.	Work Experience

Key Concepts: Personal Identities, Healthy Lifestyles, Risk, Relationships, Diversity

Key Processes: Critical Reflection, Decision-Making & Managing Risk, Developing Relationships & Working with Others

SRE: Sexuality, Relationships, Family, Being Healthy

Scheme of Work: Sept 2021 - July 2022

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Year group: 13

Week	Topic/Unit
Autumn term 1 – Living in the wider world	
1.	Workplace rights, relationships and conflict
2.	Applying for jobs, apprenticeships and future careers
3.	Pay, money, managing debt
Autumn term 2 – Health & wellbeing	
4.	Coping with exam pressures and stress
5.	Leaving home - registering with a GP and common ailments
6.	Travelling safely abroad and at home
Spring term 1 – Living in the wider world	
7.	Safe relationships in the wider world
8.	Workplace relationships and appropriateness
9.	Social media, manipulation and critical thinking
Spring term 2 – Health & wellbeing	
10.	Exams week - mindfulness and stress
11.	Online safety
12.	First aid
Summer term 1 – Relationships	
13.	Finances when leaving home
14.	Assessing the online world: how to critically approach sources online
15.	Preparing for the real world - organising CV, finances and future plans

Key Concepts: Personal Identities, Healthy Lifestyles, Risk, Relationships, Diversity

Key Processes: Critical Reflection, Decision-Making & Managing Risk, Developing Relationships & Working with Others

SRE: Sexuality, Relationships, Family, Being Healthy